## Calendula officinalis

## Pot Marigold



Keynote: wounds

Interesting fact: Civil war surgeons used Calendula as a wound rinse and applied to dressings

Modalities:

• soothes pain

Conditions:

- topical for wounds, burns, cuts, abrasions antiseptic dilute tincture 1:4 to 1:20 in water
- mouth wounds, tooth extractions
- controls bleeding straight tincture
- salve for cracked and chapping hands, lips, skin