

Rhus toxicodendron

Poison ivy



Keynote: “rusty gate”

Interesting fact: The first published account of poison ivy was written by John Smith in 1624.

Modalities:

- Worse on 1st motion, better with continued motion
- overuse resulting in stiffness
- restlessness
- better from heat and pressure
- worse from cold and exposure

Conditions:

- whiplash
- sprains
- stiff neck
- chicken pox