

Top Remedies to Own

1st tier

Aconitum nap*
 Antimonium tart
 Apis
 Arnica
 Arsenicum alb
 Belladonna
 Bryonia
 Cantharis
 Carbo veg
 Chamomilla
 Eupatorium perf
 Gelsemium
 Hepar sulph
 Hypericum
 Lachesis
 Ledum
 Lycopodium
 Mercurius sol
 Nux vomica
 Phosphorus
 Pyrogenium
 Rhus tox
 Ruta
 Staphysagria
 Symphytum

Be sure to own all these remedies in a 200!

3rd tier

Agaricus
 Allium cepa
 Anacardium
 Antimonium crud*
 Argentum nit*
 Aurum metallicum*
 Bellis
 Cadmium sulph
 Camphora*
 Crotales horridus
 Glonoinum
 Gunpowder
 Hecla lava
 Helleborus
 Hyoscyamus
 Iris versicolor
 Petroleum*
 Phosphoric acid*
 Picric acid*
 Plumbum*
 Sabadilla
 Sarracenia
 Sepia
 Stramonium
 Tarentula hispanica

All remedies should be owned in a 30 and/or 200 potency unless otherwise specified.

Remedies with an * are usually used in a 200 over a 30.

All potencies are a C dilution unless otherwise specified.

1M potencies

Apis 1M
 Arnica 1M
 Hypericum 1M
 Rhus tox 1M

Cell Salts

(6x potency)
 Calc fluor
 Calc phos
 Calc sulph
 Ferr phos
 Kali mur
 Kali phos
 Kali sulph
 Mag phos
 Nat mur
 Nat phos
 Nat sulph
 Silicea

Bioplasma
 (cell salt combination)

2nd tier

Cactus
 Carbolic acid
 Caulophyllum
 Cinchona (China)
 Cimicifuga
 Cocculus
 Coffea*
 Colocynthis
 Cuprum met
 Digitalis
 Euphrasia
 Hamamelis*
 Ignatia*
 Ipecac
 Kali bic
 Kali carb
 Phytolacca
 Pulsatilla
 Sanguinaria*
 Spigelia
 Spongia
 Sulphur
 Thuja
 Urtica urens
 Veratrum alb

4th tier

Aesculus
 Aethusa*
 Aloe
 Ambrosia
 Ammonium carb*
 Baryta carb
 Bovista*
 Calc carb
 Causticum
 Cina
 Colchicum
 Conium
 Drosera
 Graphites
 Helonias*
 Hydrastis
 Iodium*
 Kali iod
 Kreosotum*
 Mercurius cyn
 Nitric acid
 Podophyllum
 Sabina
 Tabacum
 Zincum met